

NECA/IBEW Local 340 Sacramento Area Electrical Workers HEALTH FAIR

SATURDAY, OCTOBER 24, 2009
9:30 A.M. TO 12:00 P.M.
2840 EL CENTRO ROAD
SACRAMENTO



Because we value the health and well being of our members, Sacramento NECA and IBEW Local 340 will be sponsoring a Health Fair designed to educate and motivate you towards a healthier lifestyle! This a voluntary program and you are not obligated to participate.

- *Free Flu Shots for the first 75 participants*
- *Free Health Risk Assessment with Health Education*
- *Blood Pressure Check, Cholesterol Screenings, and Body Composition testing*
- *If you complete the Health Risk Assessment and Testing, your name will be entered into a raffle for the following prizes:*
 - * 2 - Mountain Bikes
 - * 3 - i-pod Nanos
 - * 11 - \$50 Gas Cards
- *BBQ Lunch.*

RSVP TO YOUR LOCAL UNION OFFICE
916-927-4239